

Late Autumn Happenings

Any additions/corrections will be posted to the web site - <http://hancock.osu.edu>



NOVEMBER

- 11** **Veterans Day - OSU Extension Office Closed**
- 16** **Basic Budgeting**
9 a.m. – 12 p.m., The Family Center, 1800 N. Blanchard St., Findlay
Join Melanie Gerlach, Coordinator for the Hancock County Saves Program
- 17** **FNP at Senior Center - Whole Grains Series**
12:30 pm at the Senior Center, 339 Melrose, Findlay
Join Karen McDougall for this session talking about ways to increase whole grains in your diet and examining food serving sizes.
- 21** **Zero Holiday Weight Gain**
Want to gain “0” pounds during the holidays this year? Sign up for this free, special e-mail program to receive tips and encouragement. Receive messages weekly from nutrition and health professionals. Complete the program and turn in your log to enter for prizes. Forms are available on-line, at OSU Extension, & both the City and County Health Department Offices.
- 23** **Office Closing Early** Office closing at 3 pm & will re-open at 8:30 am on Monday
- 24 - 25** **Happy Thanksgiving!** Office CLOSED Thanksgiving & Columbus Days observed.
- 29** **Basic Budgeting**
6 – 9 p.m., Ohio State University Extension Hancock County, 7868 CR 140 Suite B, Findlay
Join Melanie Gerlach, Coordinator for the Hancock County Saves Program
- 30** **Make a Wreath**
5:30 – 7:30 p.m., Findlay-Hancock Co. Public Library, 206 Broadway St., Findlay OH 45840
Make your own holiday wreath at this ever-popular program of OSU Extension Master Gardener Volunteers of Hancock County. Cost is \$15 per wreath and covers fresh greens, wire supplies, and a bow. Register at www.findlaylibrary.org under the program tab or call 419-422-1712, ext. 245

DECEMBER



- 4** **Make a Wreath**
1:30 – 3:30 p.m., Findlay-Hancock Co. Public Library, 206 Broadway St., Findlay OH 45840
Make your own holiday wreath at this ever-popular program of OSU Extension Master Gardener Volunteers of Hancock County. Cost is \$15 per wreath and covers fresh greens, wire supplies, and a bow. Register at www.findlaylibrary.org under the program tab or call 419-422-1712, ext. 245
- 5** **Basic Budgeting**
1-4 p.m., The Family Center, 1800 N. Blanchard St., Findlay
Join Melanie Gerlach, Coordinator for the Hancock County Saves Program

December continued . . .

- 6** **Make a Wreath**
5:30 – 7:30 p.m., Findlay-Hancock Co. Public Library, 206 Broadway St., Findlay OH 45840
Make your own holiday wreath at this ever-popular program of OSU Extension Master Gardener Volunteers of Hancock County. Cost is \$15 per wreath and covers fresh greens, wire supplies, and a bow. Register at www.findlaylibrary.org under the program tab or call 419-422-1712, ext. 245
- 8** **Healthy Holiday Foods**
4:30 – 6:00 p.m., Lindamood Room at Findlay-Hancock Co. Public Library, 206 Broadway St., Findlay OH 45840 Join Karen McDougall, Family Nutrition Program Assistant as she shares tips to keep your holiday meals safe, healthy and inexpensive. Register at <http://www.findlaylibrary.org> under the program tab or call 419-422-1712, ext. 245
- 15** **FNP at Senior Center – Whole Grains Series**
12:30 pm at the Senior Center, 339 Melrose, Findlay
Continuing the focus on whole grains – come “make & take” a loaf of bread!
- 26 -27** **Merry Christmas!**
OSU Extension Office CLOSED in observance of Christmas, and President’s Day.

JANUARY

- 6** **Zero Holiday Weight Gain**
Logs due to OSU Extension Hancock Co. (in order to be eligible for prizes).



**“Yesterday is gone.
Tomorrow has not yet come.
We have only today.
Let us begin.”**

*~Mother Teresa
Humanitarian 1910-1997*