

BLAST OFF!



Blast Off! Online Parent Education Series

Free to Attend | Pre-Registration Required

Join us for **Blast Off!**, an exciting online parent education program using **Active Parenting** curricula—featuring videos and interactive discussions designed to help you reduce stress and improve your parenting skills.

Three Age-Specific Series

Each series includes **4 sessions** focused on a different stage of childhood:

First Five Years

For parents of children **birth to age 5**. Learn how to nurture your child with freedom and non-violent discipline.

Ages 5–12

Strategies for raising responsible, confident school-aged children.

The Teenage Years

Guidance for parenting tweens and teens facing challenges like self-esteem, technology, bullying, and substance use.

Attend 3 sessions and receive a free Active Parenting book by mail!

Your Flight Crew

Joseph Maiorano, PhD, will lead your journey toward **less stressful, more effective parenting**.



THE OHIO STATE
UNIVERSITY

EXTENSION

Ohio State University Extension is part of The Ohio State University
College of Food, Agricultural, and Environmental Sciences.



Active Parenting 2026 Series

First Five Years

6–8 p.m.
January 26, 27, 28, 29
12:30–2:30 p.m.
March 2, 3, 4, 5

Ages 5–12

9–11 a.m.
February 2, 3, 4, 5
12:30–2:30 p.m.
March 9, 10, 11, 12

Teenage Years

12:30–2:30 p.m.
February 9, 10, 11, 12
6–8 p.m.
March 16, 17, 18, 19



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Harrison County
Family and
Consumer Sciences
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